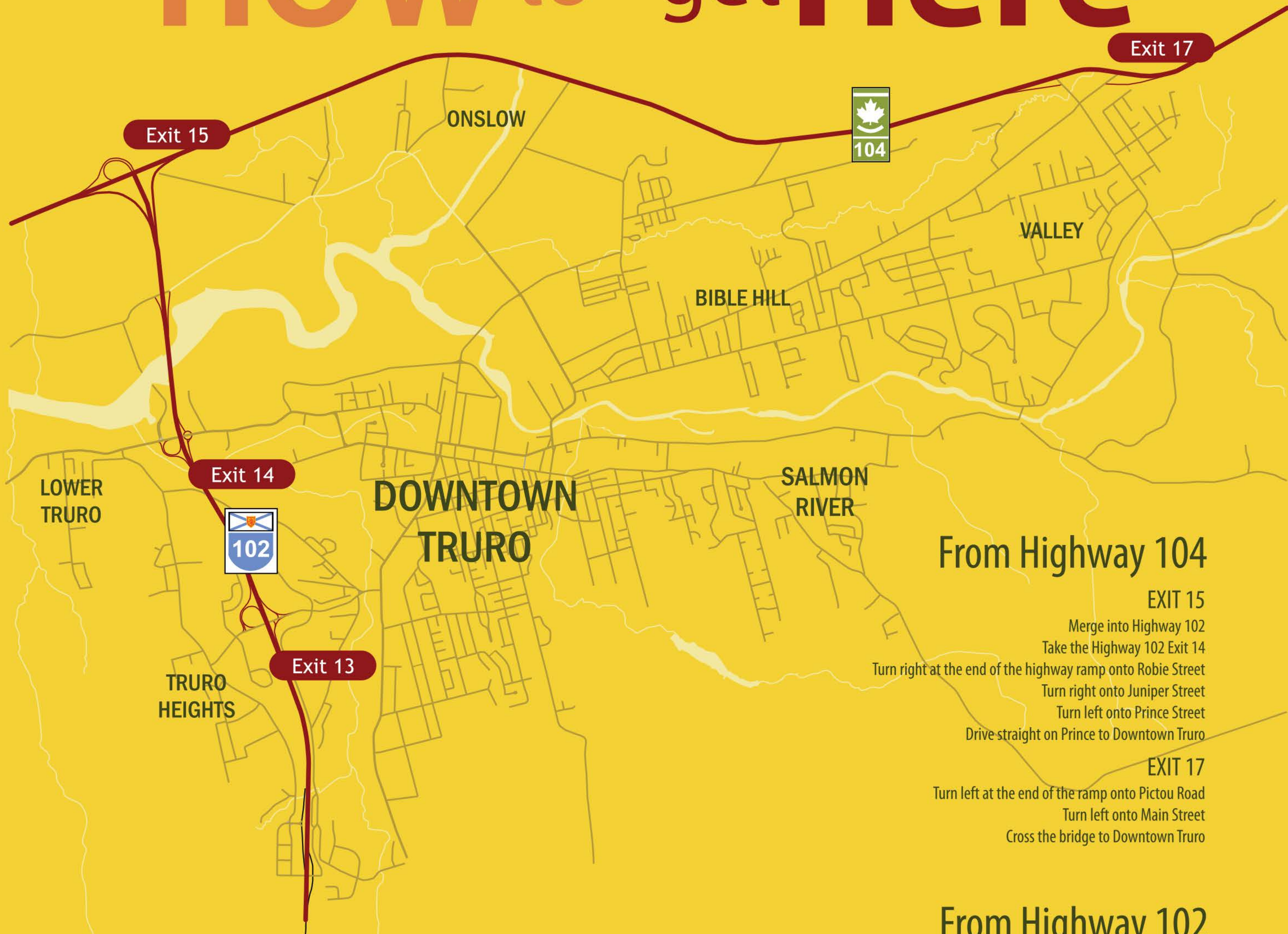


TRURO 2021 GUIDE



Photo by: Linda Chisholm

HOW to get Here



From Highway 104

EXIT 15

Merge into Highway 102
Take the Highway 102 Exit 14
Turn right at the end of the highway ramp onto Robie Street
Turn right onto Juniper Street
Turn left onto Prince Street
Drive straight on Prince to Downtown Truro

EXIT 17

Turn left at the end of the ramp onto Pictou Road
Turn left onto Main Street
Cross the bridge to Downtown Truro

From Highway 102

EXIT 13

Turn right at the end of the highway ramp onto McClures Mills Road
Turn left onto Willow Street
Drive straight on Willow to Downtown Truro

EXIT 14

Turn right at the end of the highway ramp onto Robie Street
Turn right onto Juniper Street
Turn left onto Prince Street
Drive straight on Prince to Downtown Truro

Information CENTRES

Fundy Discovery Site
Highway 102, Exit 14, Lower Truro
fundydiscovery.ca

Truro Welcome Centre
Victoria Square: 493 Prince Street
902.893.2922



follow us @downtowntruro
and @townoftruro



LIBRARY & CIVIC SQUARE

In the heart of downtown Truro, Civic Square is the perfect place for relaxing or recreation. The large green space is converted into an outdoor ice surface in the winter!

740 Prince Street
truro.ca/civic-square

The Colchester-East Hants Public Library is at the heart of our community, welcoming all to participate in the discovery, creation and sharing of ideas and experiences.

754 Prince Street
lovemylibrary.ca

MARIGOLD

Cultural CENTRE

The Centre houses a 208 soft seat theatre, the MMFI Art Gallery, workshop space for arts education programs for all age groups, a Sports Hall of Fame, a boardroom, concession area, and offices. With the strong support of the community and various organizations the Centre provides musical, theatrical, live comedy and dance performances for the community and surrounding areas.

605 Prince Street
marigoldcentre.ca



Colchester HISTOREUM



Explore Colchester's past and present through fascinating museum exhibits, heritage events, and archival resources. The Archives hold vast genealogical resources, history files, and a reference library. The Historeum Shop features a variety of local items, products, and books related to Colchester County. The Colchester Historeum is a not-for-profit Museum and Archives.

29 Young Street
colchesterhistoreum.ca

ELEGANT
STEPS

Wear Fashions meet Footwear



MERLE NORMAN
MADE IN THE USA

Elegant Steps is an independent clothing and footwear store located on Inglis Place since 1992. We specialize in Canadian-made clothing, such as Frank Lyman, Joseph Ribkoff, Parkhurst, and quality footwear from brands like Rieker, Remonte, Josef Seibel, and more!

We are also a Merle Norman Cosmetic and Skincare Studio so be sure to come see us for your skincare and makeup needs!



We are easily found on Inglis Place in downtown Truro. Please pop in and see us during your time here; we would love to help you enjoy your experience with local shopping!

58 Inglis Place, Truro NS
or shop online at www.elegantsteps.com

MY HOME Mercantile

We offer visitors and locals a beautiful, curated experience. Our shop is full of locally made products and carefully selected items. From thoughtful souvenirs, to locally made apparel, we have something for everyone. Browse our local pantry section, find a unique gift, laugh at our fun cards, or find that perfect locally made treasure to take home. We are also the official retailer of the popular My Home Apparel brand.

10 Inglis Place
myhomemercantile.com



Calling CORNERS

Tucked into the corner of Esplanade & Outram Streets in downtown Truro sits Calling Corners New Age Boutique. Calling to all crystal-lovers, tarot card-slingers, mystics, and witchy folks both local and around Nova Scotia. Since 2015 Calling Corners has been proudly serving Truro with all things magickal!

147 Esplanade Street
callingcorners.com



stay. shop. play.



INN ON PRINCE
HOTEL & CONFERENCE CENTRE TRURO
437 PRINCE ST., TRURO 902.895.1651 RESERVATIONS@INNONPRINCE.COM



YOKA specializes in authentic Japanese & Thai cuisine in downtown Truro, with an All-You-Can-Eat menu available from Tuesday to Sunday. YOKA's menu contains large selections of dishes from the kitchen & sushi bar.

911 Prince Street
yokarestaurant.com



YOKA
Japanese & Thai

INTRINSIC
SALON & SPA




Connect with your best self at Intrinsic, Truro's only full-service AVEDA® salon and spa. Take a moment to appreciate your own wellness without leaving the charming calm of Truro's downtown. Allow our experienced staff to infuse relaxation and enjoyment into your journey!

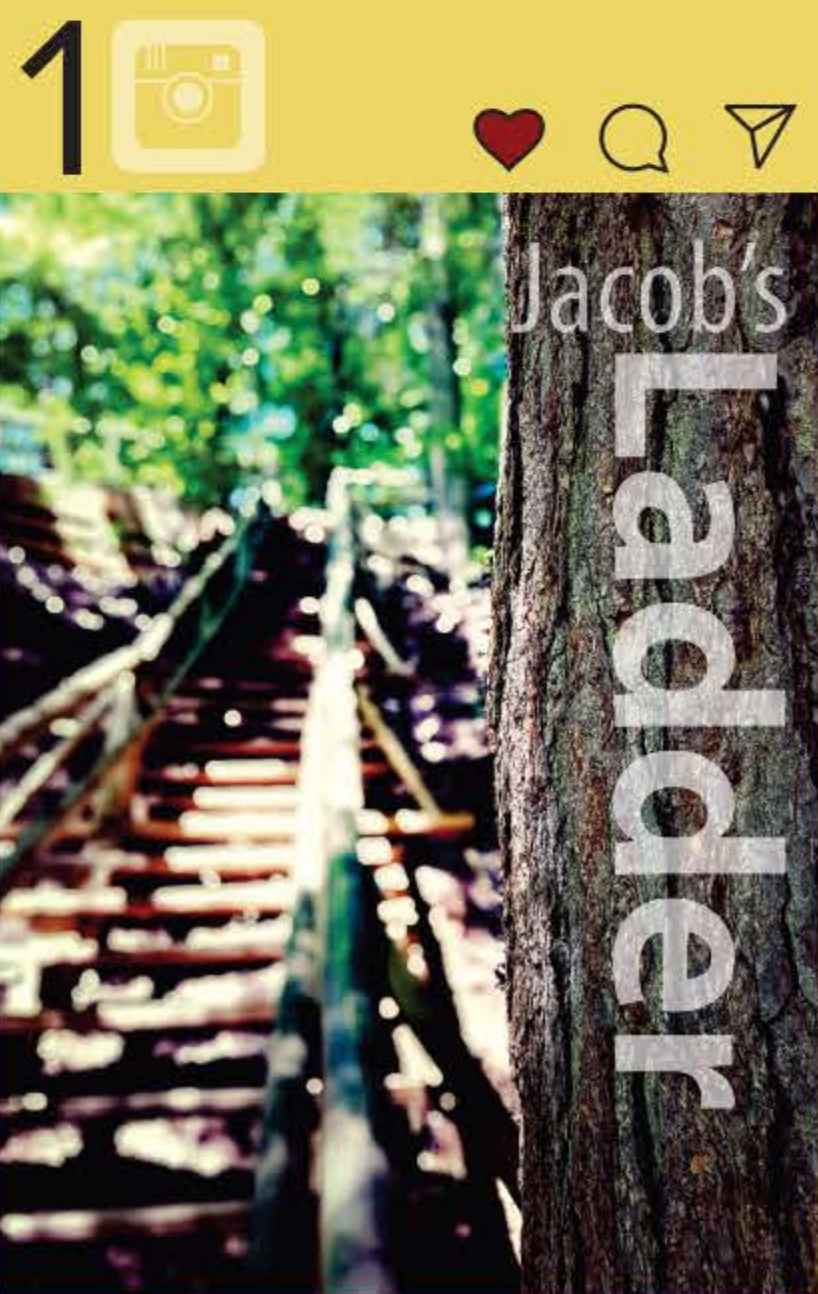
664 Prince Street, Suite 2 | @intrinsicсалonspa
intrinsicсалonspa.com



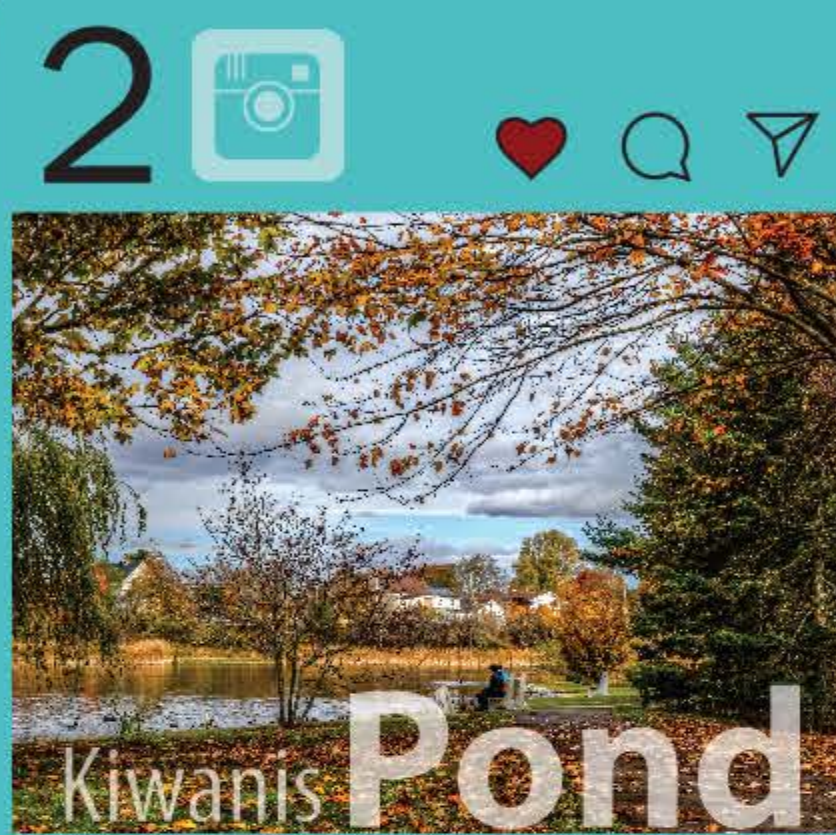
Top 8 Most INSTAGRAMABLE Places



Truro is full of natural beauty and historic architecture. Here are a few of our favourite spots to snap an Instagram-worthy photo around town.



Challenge yourself to climb this 175-step staircase in Victoria Park.



This wonderful little park has a walking trail that loops around a pretty pond where ducks like to hang out.



Truro's most famous park boasts 2 stunning waterfalls a short and easy stroll from the main entrance.



Experience our state-of-art public library, shop at the local Farmer's Market, or travel back in time at the Colchester Historeum. These splendid buildings surround Civic Square, named one of the greatest public spaces in Canada.



Home to many boutique shops, summer flowers, and Truro's central clock, Inglis Place is a beautiful backdrop for a vibrant photo.



Experience the thrill of the highest tides on Earth at the Fundy Discovery Site, where the tidal bore happens twice each day at predicted times.



Grab some fresh local produce and browse through handcrafted treasures in the refurbished historic fire hall in downtown Truro.



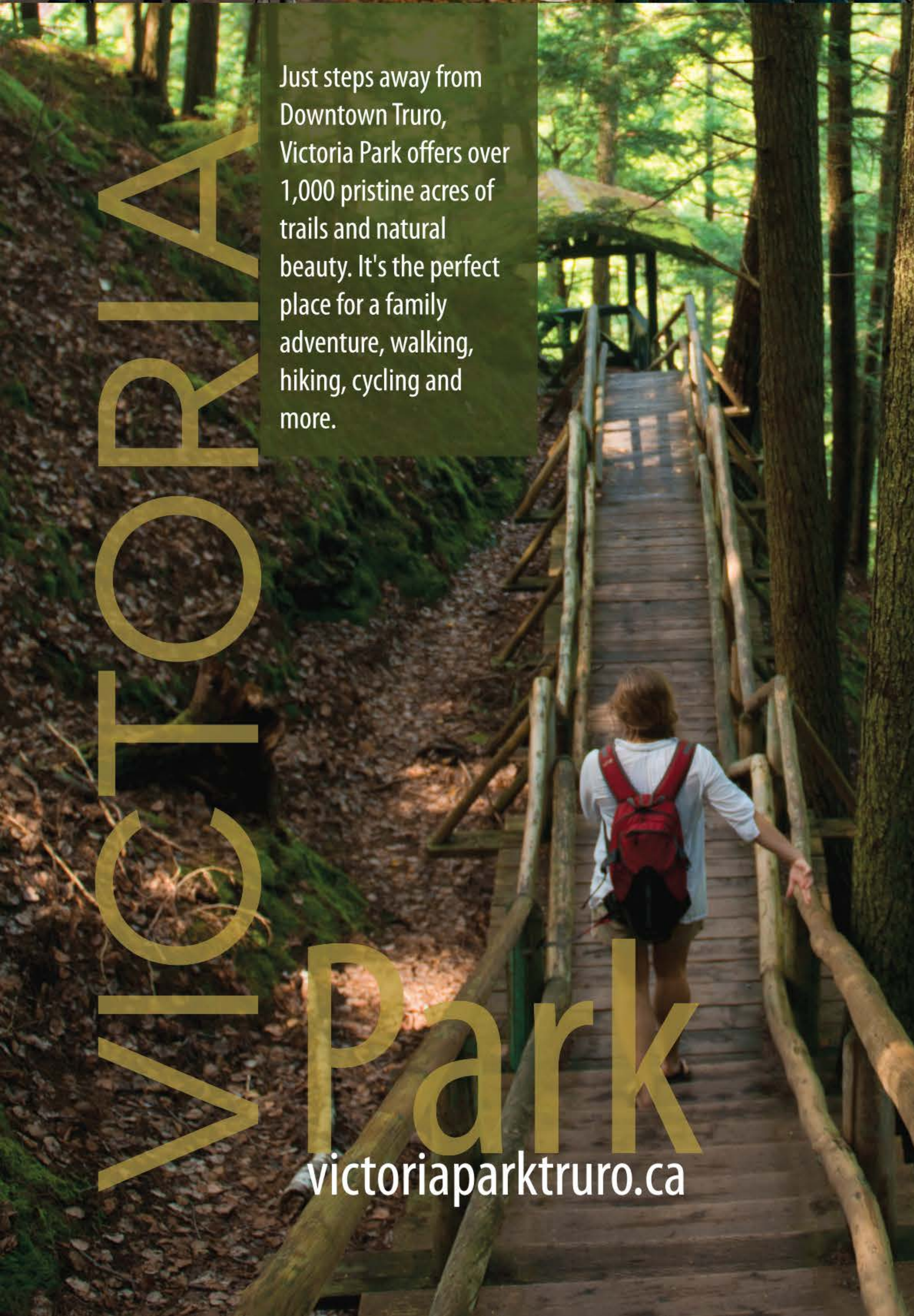
Iconic underwear made right in Truro since 1870! The Stanfield's factory is believed to be the first of its kind in Canada!



GET



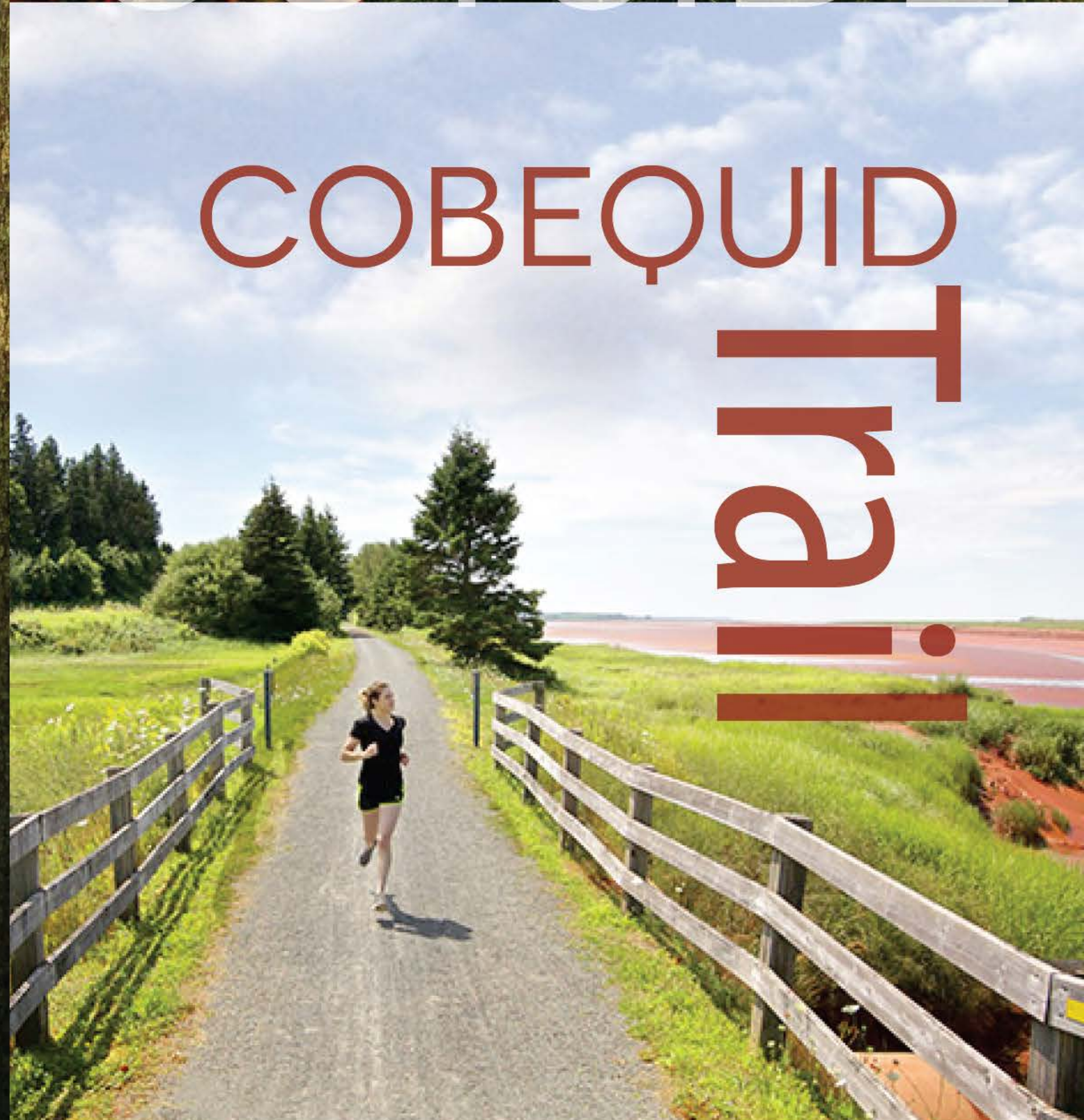
OUTSIDE



Just steps away from Downtown Truro, Victoria Park offers over 1,000 pristine acres of trails and natural beauty. It's the perfect place for a family adventure, walking, hiking, cycling and more.

VICTORIA Park

victoriaparktruro.ca



COBEQUID Trail

The Cobequid Trail is an 18km walking and cycling trail network through central Colchester County with access points in downtown Truro. The trail travels along a former railway, through Acadian dykelands and farmland, through forests, along brooks, and beside the tidal Salmon River.

colchester.ca/cobequid-trail

Take it OUTSIDE



We share your passion for adventure, your courage to defy limits, and your zest for living life large. Take it Outside has the brands and the expertise to help you do what you love to do, where you love to do it. We're inspired by Outsiders, people who see themselves as forces of nature and carry the spirit of the great outdoors in their hearts.

65 Inglis Place
takeitoutside.ca

The TRAIL SHOP



An independent premier outdoor gear store offering a large selection of equipment and clothing for camping and hiking, climbing, kayaking, running, skiing, and many more outdoor activities. Making your outdoor shopping experience the best it can possibly be!

59 Inglis Place
trailshop.com

AN ADVENTURE OF A LIFETIME

Experience all this region has to offer for families, adventurers, outdoor enthusiasts, history and culture aficionados and food connoisseurs.

We invite you to Explore Central Nova Scotia where hundreds of adventures are waiting for you within a two-hour car drive from the Truro-Colchester region.

Be our guest and stay a day or stay to play - it's always the perfect time to be here! Your adventure awaits; free from crowds, anxiety or extensive travel. Stay at one of our well-appointed fresh and welcoming accommodations and let your fantastic adventure begin.

Central Nova Scotia is a four-season playground filled with rich culture and heritage, unique culinary tastes, breathtaking nature, adventure activities, and family fun for all ages. There's no better place for a fun-filled day of family experiences. From a multitude of playgrounds or an extensive network of parks, to relaxing on warm sandy beaches, we've got you covered.

Exploring Central also offers the perfect day trip for the young and the young at heart with so many interesting things to see and do.

Explore Central

Truro-Colchester is your starting point for family fun, one-of-a-kind adventures and exploring the beauty of our nature, culture and our heritage. Memories are made here. For you and your family.

It's a great time to stay here. Start planning today.

explorecentralns.ca

@explorecentralns | #explorecentralns



Taste of TRURO

Bistro on Prince

Cold Smoked Salmon Crostini

Enjoy the Cold Smoked Salmon Crostini w/ lemon dill aioli, pickled red onion & crispy fried capers in an intimate atmosphere where you can dine in style or enjoy a beverage with friends in our cozy lounge. With great local flavours, you'll find something to please every palate.



Great British Grub

Great British Grub café is so much more than a breakfast cafe. We are the only authentic producer of British style meat pies in Truro, people travel from all over the province, Atlantic Canada and further afield to buy our traditional meat pies. Why not stop in and try one for lunch with one of our freshly prepared salads, homefries or one of Jane's delicious soups. Available for takeout too.

Pizza Market

The Market Works is made with The Pizza Market signature sauce, salami, pepperoni, ground beef, mushrooms, green peppers, red onions and mozzarella cheese.



The Nook & Cranny:

BBQ Bacon Burger



You have to try our BBQ Bacon Burger! A 6oz beef patty, topped with smoked bacon, provolone cheese, a crispy onion ring, bacon-onion jam, chipotle barbecue sauce and arugula on a fresh toasted bun from Laurie's Bakeshop.

Sauced

Wood-Fired Pizza



Fully Sauced Pizza Thin crust, Neapolitan-style pizza baked in our wood-fired oven fuelled by local firewood. Try the Fully Sauced pizza with pepperoni, Genoa Salami, fire-roasted red peppers, mushrooms, red onion, smoked bacon, Mozzarella, Grana Padano, Parmesan and Pecorino.

Salty Dog Brewing Company

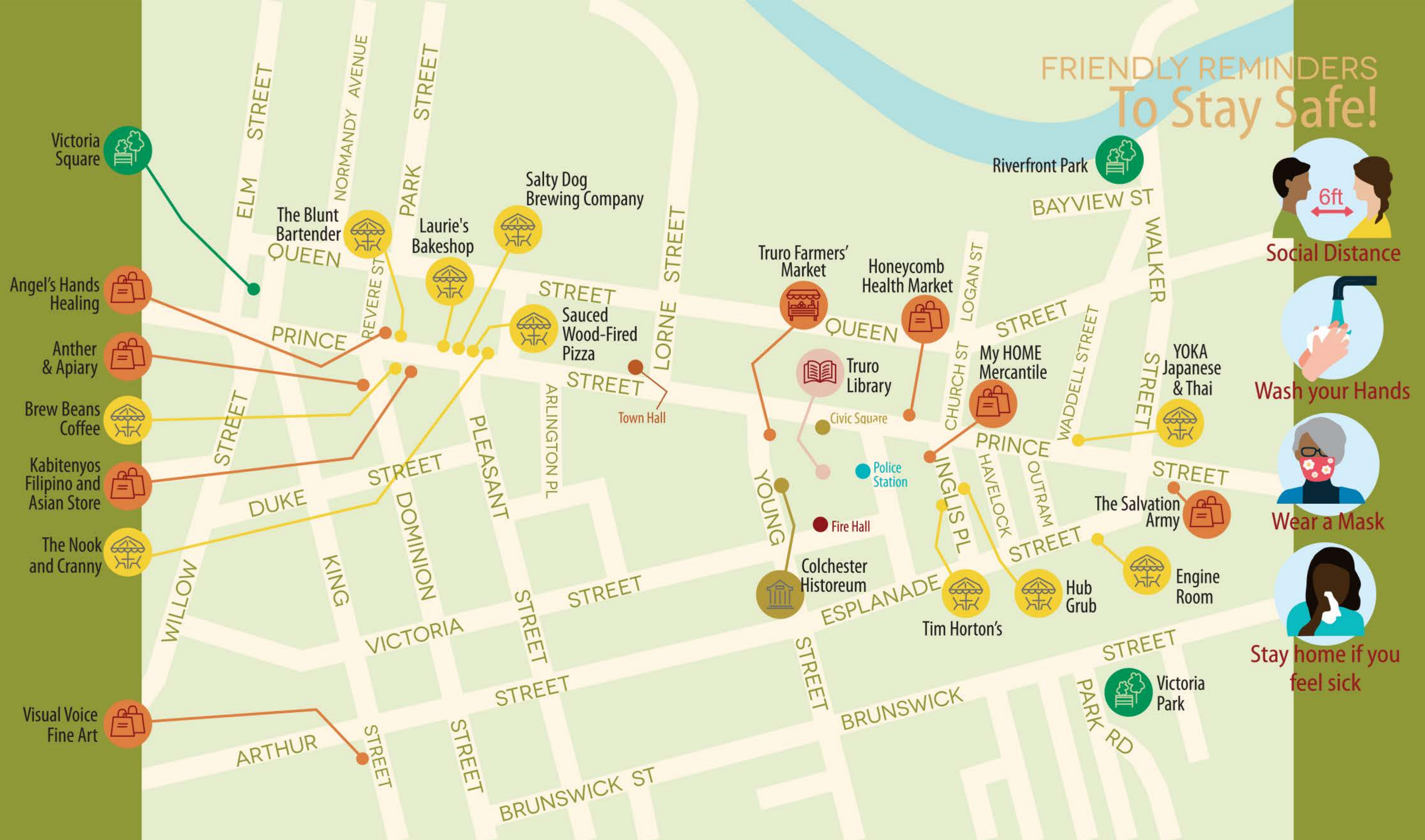


Brewed in the heart of Nova Scotia, with the Bay of Fundy and Cobequid Mountains in our backyard, this handcrafted beer embraces the spirit of adventure and living in the moment.

NovelTea Cafe offers homemade baked goods made from scratch. Sticky buns, focaccia sandwiches, bean wraps, cupcakes, so many delicious options to accompany your coffee or tea. Our coffee and espresso are all roasted in Nova Scotia. Try a latte, chai, or bubble tea, you won't be disappointed!

NovelTea Bookstore Cafe





EXPLORE Downtown



SHOPPING

My HOME Mercantile - 10 Inglis Place
 Honeycomb Health Market - 805 Prince Street
 Anther & Apiary - 8 Dominion Street
 Kabitenyos Filipino and Asian Store - 572 Prince Street
 Visual Voice Fine Art - 128 King Street
 The Salvation Army Thrift Store - 966 Prince Street
 Angel's Hands Healing - 577 Prince Street



DINING

Tim Hortons - 44 Inglis Place
 YOKA Japanese & Thai - 911 Prince Street
 The Blunt Bartender - 563 Prince Street
 Salty Dog Brewing Company - 615 Prince Street
 Sauced Wood-Fired Pizza - 615 Prince Street
 The Nook and Cranny - 627 Prince Street
 Laurie's Bakeshop - 615 Prince Street
 Brew Beans Coffee - 570 Prince Street
 The Engine Room - 166 Esplanade Street
 Hub Grub - 41 Inglis Place

TRURO HOT Spots



Truro Library - 754 Prince Street



Colchester Historeum - 29 Young Street



Truro Farmers' Market - 15 Young Street



Victoria Park - 29 Park Road
 Riverfront Park - 10 Bayview Street
 Victoria Square - 493 Prince Street

MUNICIPALLY OWNED

- Police Station - 776 Prince Street
- Fire Hall - 165 Victoria Street
- Town Hall - 695 Prince Street
- Civic Square - 740 Prince Street



Since 1991, Inglis Jewellers has been adding sparkle to Inglis Place in Downtown Truro. Our bright and welcoming shop is filled with a beautiful selection of diamonds, precious gems, gold, silver, watches, and more. We're here to help you make every occasion a special one, from engagements to birthdays to anniversaries to those days when you just want to treat yourself. Don't go ringless, go to Inglis!

66 Inglis Place
inglisjewellers.ca


INGLIS
 JEWELLERS



Mingo Music
 est. 1967

Mingo Music has been your neighborhood music store for over 50 years! We offer big city selection and small town service. Many top brands, both new and used, as well as Fender-certified guitar repairs. Wherever you are, we're here for you. Come see us!

590 Prince Street | (902) 895-7702
mingomusic.com



Need **RV PROPANE?**

Need RV propane? We've got you covered! Classic Rentals & Sales has an automotive propane filling station on site. Our locally-owned family business is centrally located in downtown Truro, just a short drive from the highway. With four entrance points to our large parking lot, there is no need to panic about maneuvering your home on wheels. We ALWAYS have certified staff on-site who can fill your RV or portable propane tanks with a smile. (902) 895-4242.

244 Queen Street
classicrentals.ca





THE NOOK & CRANNY Brew Pub

Eat, Drink and Enjoy Local! Enjoy a delicious, fresh meal, sociables with friends and a night of live music with us. Cozy indoor dining or enjoy the fresh air on the best downtown patio in Truro.

627 Prince Street | (902) 895-0779
thenookandcranny.ca

SAUCED

Enjoy delicious pastas made from scratch, wood fired pizzas, and a great selection of local craft beer on tap.

615 Prince Street | (902) 895-2386
saucedtruro.ca

Bike Monkey



Creating community through bikes! Family friendly bicycle service and sales. Hockey products, skate sharpening and repair. Serving Truro since 2014. Follow us @bikemonkey.ca or email us at info@bikemonkey.ca

130 Esplanade Street | (902) 843-7111
bikemonkey.ca



SECRET Nova Scotia

Secret Nova Scotia is your one-stop destination to discover the North Shore of Nova Scotia. We are here to help you discover hidden experiences and culinary treasures only the locals know about. We have curated some amazing adventures for families, foodies, treasure hunters, daredevils and anyone looking to try something new, while enjoying some tasty treats along the way.

802 Prince Street
secretnovascotia.ca

Truro FARMERS' MARKET

With over 50 vendors, the Farmers' Market connects farmers, bakers, artists and crafts people with customers Saturdays year round. Also online shopping with Wednesday afternoon pickup. Fresh, local produce, home baking, meats, cheese, eggs, maple, honey, craft beer, and much more!

15 Young Street

trurofarmersmarket.org



Downtown TRURO PARTNERSHIP

Your source for the latest information on upcoming events and all of the fantastic local shops, services and dining establishments in Downtown Truro!

downtowntruro.ca



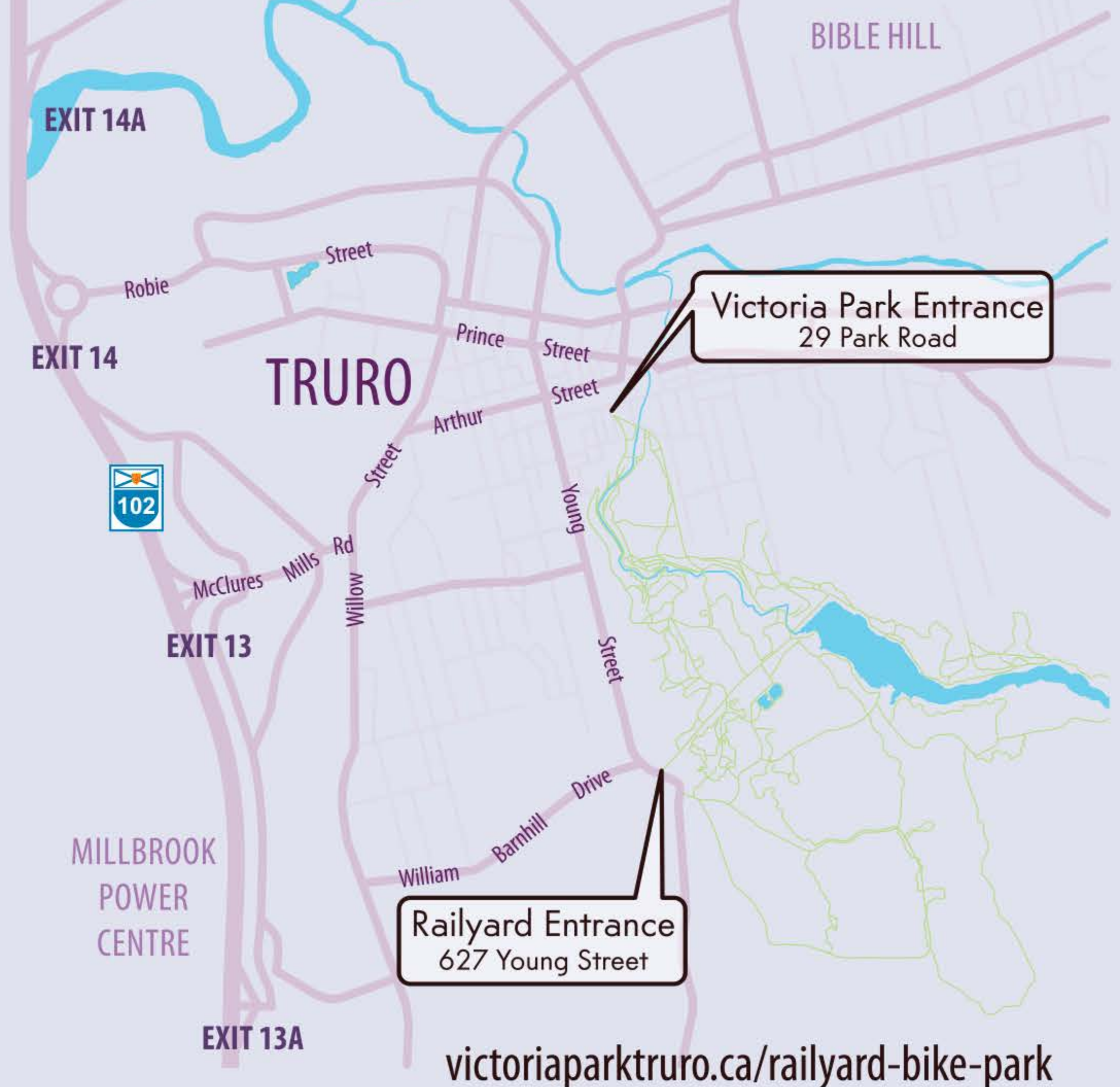
the
Railyard
victoriapark



The Railyard has more than 40kms of mountain biking trails. Most trails have optional challenges so that beginners and advanced riders can travel together while satisfying their individual skill levels.



HOW TO FIND US:



victoriaparktruro.ca/railyard-bike-park

BUSINESS

Directory

Accommodations

Best Western Glengarry Hotel	150 Willow St
Inn on Prince Hotel & Conference Centre Truro	437 Prince St
Stonehouse Motel	165 Willow St

Accounting

AgriTax Business Consultants	30 Esplanade St
Alan Sutherland, CFP	800 Prince St., Suite 3
Atkinson's Accounting Ltd.	46 Inglis Pl., Suite 4
Bryden & Associates	37 Forrester St
D & D Bookkeeping	44 Young St
David R. Smith, CA	640 Prince St
Grant Thornton LLP	733 Prince St
H&R Block	576 Prince St
Hemming, Weir, Casey Chartered Accountants	14 Court St
JNE Accounting	64 Inglis Pl
Johnson Saunders Inc.	18 Willow St
Langley Accounting CGACA	82 Lorne St
MNP LLP	640 Prince St., Suite 301
Simply Financial	20 Willow St
Thompson's Accounting Services Inc.	119 Arthur St
Tuttle Accounting Services Ltd.	800 Prince St

Athletic/Fitness

Arie Dance Company	82 Esplanade St
Beyond Boxing Fitness Society	10B Esplanade St
Cobequid Dance Academy Inc.	15 Arlington Pl., Suite 7
Goodlife Fitness	13 Queen St
Joyful Yoga Studio	64 Inglis Pl
Marmac Athletics	36 Inglis Pl
NSCC Athletic Centre	36 Arthur St
Parker School of Dance	23 Church St
StudioFit	36 Inglis Pl
Taoist Tai Chi	910 Prince St
Truro Allstar Cheer	773 Prince St
Truro Curling Club	56 Young St
Truro Junior A Bearcats	640 Prince St., Suite 303

Automotive

Al Roland Auto Electric	17 Brunswick St
Blaikie's Dodge Chrysler	28 Waddell St
Bumper to Bumper	77 Esplanade St
Conway Customz	51 Walker St

Automotive - continued

Irving Oil / Circle K	141 Willow St
Johnson Enterprises	19 Brunswick St
Moore's Service Centre	9 Willow St
NAPA Auto Parts	12 King St
Pye Chevrolet Limited	470 Prince St
Serious Sounds	82 Walker St
Speedy Auto Glass	11 Willow St
Terry's Tires	21 Brunswick St
Ultramar Store & Service Centre	1072 Prince St
Walker Street Auto Care	30 Walker St
Willow Street Garage	45 Willow St
Wilson's Gas Stop	29 Walker St

Banks

Bank of Montreal	37 Commercial St
CIBC	813 Prince St
Community Credit Union Digital Innovation Center	859 Prince St
Money Mart	12 Esplanade St
RBC	940 Prince St
Scotiabank & Trust	7 Inglis Pl
TD Bank	22 Inglis Pl

Computer Services

Failsafe Computer Services	10 Dominion St
G & G Computers	15 Arlington Pl., Suite 8
WBG & Associates Computer Consultants	710 Prince St

Counselling Services

Archway Counselling Services	883 Prince St
Complete Counselling Service	49 Inglis Pl
GM Psychological Services Inc.	802 Prince St., Suite 202
ME Family Therapy	46 Inglis Pl., Suite 6
Power Psychological Services	664 Prince St., Suite 4
Slate Youth Centre	883 Prince St

Dentists

Dominion Family Dentistry	96 Dominion St
Endodontic Associates	640 Prince St., Suite 203
Landmark Dental Care	125 Queen St
Mainland Denture Clinic	187 Queen St
Pleasant Street Dental Centre	77 Arthur St
TA Orthodontics	539 Prince St
Truro Denture Clinic	134 Arthur St
Victoria Court Dental	510 Prince St

BUSINESS

Directory

Education

The Colchester Adult Learning Association	36 Arthur St
Futureworx – Head Office	14 Court St., Suite 305
Futureworx – Nova Scotia Works	42 Inglis Pl
Futureworx Development Centre	14 Court St., Suite 102
Making Friends Preschool	55 King Street
Mariposa Reading Achievement Centre Ltd.	62A Dominion St
The Mentoring Plus Strategy	605 Prince St
My World of Learning	36 Arthur St
NSCC	36 Arthur St
Truro Head Start Preschool	36 Arthur St

Entertainment

Marigold Cultural Centre	605 Prince St
NSCC Art Gallery	36 Arthur St
Visual Voice Fine Art	128 King St

Financial Services

Allan Marshall & Associates	28 Esplanade St
Business Development Bank	733 Prince St., Suite 2
CIBC Wood Gundy	640 Prince St., Suite 100
Equity Associates Inc.	670 Prince Street
Green Hunt Wedlake Inc.	35 Commercial St., Suite 308
Investment Planning Counsel	800 Prince Street
Investors Group Financial Services Inc.	14 Court St., Suite 201
Jordan Wealth Management Group ScotiaMcLeod	7 Inglis Pl
Keltic Collections	46 Inglis Pl
Keybase Financial Group	17 Walker St
MacLellan & Moffatt Financial	18 Willow St., Suite 201
Manulife Securities	14 Esplanade St
Napwick Holdings Ltd.	147 Queen St
Ramsey T & D Financial Funds Investment Inc.	46 Inglis Pl., Suite 1
Rankin Financial Planning Ltd.	18 Willow St., Suite 201B
SAJ Consulting & Development Ltd.	789 Prince St
Schooner Financial	468 Prince St
Sun Life Financial - Derrick Higgins	29 Inglis Pl., Suite B
Sun Life Financial - Stephen Bentley	46 Inglis Pl., Suite 8
White LeBlanc Wealth Planners - Hollis Wealth	35 Commercial St., Suite 304

Food/Beverage

Acropole Pizza	148 Esplanade St
Bistro 22	16 Inglis Pl
Bistro on Prince	437 Prince St
Booster Juice	911 Prince St., Suite 2
Brew Beans Coffee	570 Prince St
China Rose Café	870 Prince St

Food/Beverage - continued

Dairy Queen	945 Prince St
Damascus Pizza	239 Queen St
Ella's Jamaican Food	918.5 Prince St
Engine Room	166 Esplanade St
Fraser's Pastry Shop	809 Prince St
Golden Wu	138 Arthur St
Great British Grub Café	535 Prince St
Grinners Food Systems Limited	105 Walker St
Ho-Ho Wok Restaurant	23 Inglis Pl
Hub Grub	41 Inglis Pl
Intercolonial Café	168 Arthur St
Jimolly's Café & Bakery	76 Inglis Pl
Julia's Lounge	165 Willow St
Laurie's Bakeshop	615 Prince St
Murphy's Fish & Chips	88 Esplanade St
NovelTea Bookstore Café	622 Prince St
One 50 on Willow	150 Willow St
Parichat Asia Thai	165 Willow St
Pizza Farm	177 Arthur St
Pizza Market	135 Esplanade St
Red Knot Bakery	569 Prince St
Sahla Thai	793 Prince St
Salty Dog Brewing Company	615 Prince St
Sauced Wood Fired Pizza	615 Prince St
Subway	16 Elm St
The Blunt Bartender	563 Prince St
The India Hut	15 Revere St
The Nook and Cranny	627 Prince St
Tim Hortons	44 Inglis Pl
Truro Brewing Company	53 Inglis Pl
Truro Farmers' Market	15 Young St
YOKA Japanese & Thai Restaurant	911 Prince St

Grocery Stores

Atlantic Superstore	46 Elm St
Kabitenyos Filipino & Asian Variety Store	572 Prince St
Sobeys	985 Prince St

Hair Care/Esthetics

Alexandra Hamilton Hair Salon	615 Prince St., Suite A
Amanda's Salon & Boutique	802 Prince St., Suite 103
Bates Barber Shop	6 Dominion St
Brittany's Nail Boutique	574 Prince St., Suite B
Characters Hair Design	874 Prince St
Clayton's Custom Cuts	43 Brunswick St
Eight Nine One Hair Studio	891 Prince St
Element of Design Salon Inc.	785 Prince St

BUSINESS

Directory

Hair Care/Esthetics - continued

Elizabeth's Family Hair Care	76 Walker St
Fifty Shades of Hair	26 Esplanade St
Inglis Place Salon	27 Inglis Pl
Intrinsic Salon & Spa	664 Prince St., Suite 2
Jim's Barber Shop	557 Prince St
Lenore's Beauty Salon	59 Walker St
Lisa D.Wood Master Esthetician/Reiki Master	20 Dominion St
Marie's Beauty Salon	893 Prince St
Ravia's Nail Studio	785 Prince St
Ron's Hair Care	918 Prince St
Seastrands Salon & Spa	72 Inglis Pl
The Tweed Suit Barber Shop	76 Inglis Pl
Tran Nails	162 Esplanade St
Truro Medi Spa	63 Queen St
Victoria Court Hair Salon	14 Court St., Suite 101
Wink Day Spa Limited	49 Inglis Pl., Suite 1

Health Services

A Healthier Living Massage	64 Queen St
Arthur Street Medical Centre	29 Arthur St
Beltone Professional Hearing Care Centre	90 Esplanade St., Suite 12
Capture Therapeutics	80 Walker St., Suite 3
Carter Chiropractic Clinic	73 Dominion St
CBI Health Centre	35 Commercial St., Suite 101
Central Nova Women's Resource Centre	67 Dominion St
CMHA: Colchester East Hants Branch	859 Prince St
Dr. David Gillam	155 Arthur St
Earth Angels Homecare	14 Inglis Pl
Eastern Tides Acupuncture	98 Pleasant St
ElevateHER Mental Health Support Services Canada	25 Revere St
Elite Podiatry NS	802 Prince St., Suite 201-A
Feel Well Naturotherapy Clinic	14 Inglis Pl
FYiDoctors	651 Prince St
HealthWalks Inc. Podiatry Clinic & Shoe Store	533 Prince St
Hennessey Health Clinic	28 Victoria St
Lauraine Logan-Smith Psychologist	35 Commercial St., Suite 312
Laurena Yurkowski Reflexology	557B Prince St
Legge Health Clinic	692 Prince St
Lifemark Physiotherapy Colchester	44 Esplanade St
MacQuarries Home Health Care Centre	922 Prince St
Mallery Kent RMT	64 Queen St
Maritime Hearing Solutions Inc.	92 Willow St
Physio One Health Clinic	510 Prince St
Provincial Hearing Aid Service	537 Prince St
Respiratory Therapy Specialists Inc.	911 Prince St
Sinful Tanning	781 Prince St
Sleep Therapeutics	640 Prince St., Suite 101
Sole and Soul Therapy	20 Dominion St

Health Services - continued

Spencer House Salon & Spa	20 Dominion St
Stress Solutions Massage Therapy Clinic	911 Prince St., Suite 104
The Medicine Shoppe Pharmacy	664 Prince St
The Snore Shop Inc.	94 Esplanade St
Truro Chiropractic Clinic	18 Duke St
Truro Women's Clinic	640 Prince St., Suite 201
Victorian Order of Nurses	14 Court St., Suite 100
We Care Home Health	35 Commercial St., Suite 101
West End Medical	510 Prince St
West End Family PharmaChoice	510 Prince St

Home Improvement/Renovation

Alweather Windows & Doors	95 Young St
BJ Kitchens	32 Railway St
Cameron's Paint Centre	43 Brunswick St
Captured Stone Impressions	19 Brunswick St
Chase's Color Centre	897 Prince St
Classic Rentals	244 Queen St
Perma Steel Roofing	4 Cottage St
Phillips and Chestnut	6 Havelock St
Terry Sprinkler Ltd.	43 Brunswick St
Wilsons Heating	97 Pleasant St

Insurance

A. A. Munro Insurance	956 Prince St
Caldwell Roach Insurance	643 Prince St
Fulton Insurance Agencies Ltd.	38 Young St
Marsh Adjustment Bureau	38 Young St
MCT Armstrong Insurance	10 Esplanade St

Laundry Service

Brite 'n Kleen Laundromat	144 Esplanade St
Roop's Cleaners	35 Waddell St

Law Firms

Archibald Lederman Barristers Solicitors	43 Walker St
Burchell MacDougall LLP	710 Prince St
C.F. Cox Law Office	18 Willow St., Suite 202
Gerard P. Scanlan, Lawyer	640 Prince St., Suite 302
Grant, MacNeill Law Office	46 Inglis Pl
Kaulback May Law Office	29 Victoria St
McLellan Richards and Begin	779 Prince St
Nova Scotia Legal Aid	14 Queen St., Suite 202

BUSINESS

Directory

Law Firms - continued

Paquet Law	74 Willow St
Patterson Law	10 Church St
Ron Chisholm – Lawyer	640 Prince St., Suite 202
The Yuill Law Firm	541 Prince St

Government Services

Communities Culture & Heritage	80 Walker St., Suite 1
Correctional Services – Probation	14 Court St
Correctional Services Canada	14 Court St
Municipality of the County of Colchester	1 Church St
NS Dept. of Lands and Forestry	15 Arlington Pl., Suite 7
NSGEU	120 Esplanade St
Town of Truro	695 Prince St
Truro Fire Service	165 Victoria St
Truro Justice Centre	540 Prince St
Truro Police Service	779 Prince St

Non-Profits

Bridges Institute	670 Prince St
Cobequid Children First Foundation	28 Esplanade St., Suite C
Colchester Community Workshops	168 Arthur St
Colchester East Hants Hospice Society	89 Queen St
Colchester East Hants Public Library	754 Prince St
Colchester Food Bank	580 Prince St
Colchester Historeum	29 Young St
Colchester Residential Services Society	35 Commercial St., Suite 201
Colchester Sexual Assault Centre	35 Commercial St., Suite 403
Divert NS	35 Commercial St., Suite 400
Downtown Truro Partnership	605 Prince St
Little White Schoolhouse Museum	20 Arthur St
MADD Cobequid	14 Court St., Suite 200-143
Northern Healthy Connections Society	33 Pleasant St
Nova Scotia Egg Marketing Board	55 Queen St
NS Adopt-A-Highway	28 Esplanade St., Suite D
Salvation Army Thrift Shop	966 Prince St
The Salvation Army	14 Outram St
Trucking Human Resource Sector Council Atlantic	14 Court St., Suite 301
Truro & Colchester Chamber of Commerce	105 B Walker St
Truro Homeless Outreach Society	862 Prince St
Truro Inclusion Project	76 Esplanade St
United Way of Colchester County	90 Esplanade St., Suite 2

Other

Canadian Bible Society	4 - 80 Walker St
Triangle Events	802 Prince St., Suite LL03

Other - continued

Truro & Colchester Partnership for Economic Prosperity	35 Commercial St., Suite 208
U-Haul	22-24 Court St
Union of NS Indians	90 Esplanade St
Vineberg & Fulton Ltd	23 Inglis Pl., Suite 101

Pet Services

Diva Dogs	6 Havelock St
The Dirty Dog Shop	112 Esplanade St
Truro Veterinary Clinic	165 Arthur St

Photography

Moments & Milestones Photography	30 Duke St
Pridham’s Studio	594 Prince St

Places of Worship

Connection Church	38 Pleasant St
First Baptist Church	759 Prince St
First United Church	711 Prince St
Immaculate Conception Roman Catholic Church	669 Prince St
People’s Church	15 Elm St
St Andrew’s United Church	55 King St
St James Presbyterian	725 Prince St
St John’s Anglican Church	23 Church St
Turning Point United Pentecostal Church	130 King St
Zion Baptist Church	454 Prince St

Professional Services

Atlantic New Technology Development Inc.	210 - 35 Commercial St
B2B Systems & Solutions	18 Willow St., Suite 102
CBDC-NOBL	35 Commercial St., Suite 208
Colchester Printing Company Inc.	15 Dominion St
Commissionaires Nova Scotia	160 Esplanade St
CWT Harvey’s Travel	47 Inglis Pl
Eastlink	69 Walker St
Enger Safety Group Inc.	802 Prince St
Focus Corporation	42 Inglis Pl
FRC Forest Resource Consultants Inc.	519 Prince St
Inland Technologies Canada Inc.	9 Commercial St
Interforest Incorporated	519 Prince St
KKP – Truro	201 Queen St
Lenore Zann, MP	40 Inglis Pl
Maritime Travel	40 Esplanade St
Mattatall – Varner Funeral Home	55 Young St
MCW Maricor	30 Duke St., Suite 1

BUSINESS

Directory

Professional Services - continued

Media Ladder Digital Marketing	29 Inglis Pl., Suite B
PDI Engineering Group Inc.	664 Prince St., Suite 204
Property Valuation Services Corporation	204 - 640 Prince St
Quality Graphics Inc.	22 Duke St., Suite 2
Service Canada Centre	181 Willow St
Sid Sells Signs	139 Esplanade St
The UPS Store	14 Court St., Suite 200

Property Management

Benchmark Developments	90 Esplanade St., Suite 6
Coldwell Banker Open Doors Realty	107 Willow St
Eastcoast Mortgage Broker	28 King St
Lock & Stone Property Services	16 Young St
Meech Holdings	18 Willow St
Property Guys	28 King St
Remax Fairlane Realty	791 Prince St
Royal LePage Truro Real Estate	16 Young St
Ryco Holdings Ltd.	46 Inglis Pl
Schneider Property Management	25 Whitman Ct
Truro Centre Ltd., Managed by Benchmark Developments	90 Esplanade St., Suite 6

Retail

AA Wearhouse	152 Esplanade St
Above & Beyond Home Decor	49 Inglis Pl
Alderberry Village	57 Inglis Pl
Anther & Apiary	8 Dominion St
Atlantic Fabrics	46 Inglis Pl
Bambee Apparel	798 Prince St
Bike Monkey / Ice Monkey	130 Esplanade St
B'Y YOKEL - East Coast Mercantile	23 Inglis Pl
Calling Corners New Age Boutique	147 Esplanade St
Carsand Photo Imaging	102 Esplanade St
Centre Stage Dancewear Ltd.	201 - 23 Inglis Pl
Clay Café	600 Prince St
Colchester Phone Repair	30 Esplanade St
Cooper's Cabin	98 Esplanade St
Costandi Designs	45 Willow St
Dropwise Aromatherapy	586 Prince St
East Coast Pawn Stars	589 Prince St
Elegant Steps	58 Inglis Pl
Estate Jewellery & Terry's Tunes	31 Inglis Pl
Grow & Brew	24 Havelock St
HAF Footwear Apparel Lifestyle	72 Inglis Pl
Hub Cycle Inc.	33 Inglis Pl
Inglis Jewellers	66 Inglis Pl

Retail - continued

Jean's Flowers & Gifts	56 Inglis Pl
MacQuarries Pharmasave	179 Esplanade St
Mama's Forest	568 A Prince St
Mingo Music Sales	590 Prince St
Moments Boutique	24 Inglis Pl
Moments Bridal	24 Inglis Pl
Most Wanted Jewelry & Pawn	515 Prince St
My HOME Mercantile	10 Inglis Pl
NSLC	8 Court St
NSLC	985 Prince St
Honeycomb Health Market	805 Prince St
Pleasures 'N Treasures	30 Mill St
Sandy's Fashions for Men	25 Inglis Pl
Silver Mint	798 Prince St
Simply For Life	100 Esplanade St
Smoker's Corner	568 Prince St
Stanfield's Company Store	63 Inglis Pl
Stanfield's Factory Outlet	1 Logan St
Sun Spun Natural Foods	583 Prince St
Supplement King	9 Commercial St
Take It Outside	65 Inglis Pl
The Great Canadian Dollar Store	56 Esplanade St
The Trail Shop	59 Inglis Pl
Thrown Together Pottery & Art	37 King St
Totally Local	47 Forrester St
Vaporhub	165 Willow St

Tattoos & Piercings

Rolling Sea Tattoery	802 Prince St., Suite 102
Schooner Tattoo	914 Prince St
Skin Decision Inc.	1 Queen St

Transportation

Colchester Transportation Cooperative Ltd. (CTCL)	14 Court St., Suite 207
G&D Taxi	53 Walker St
Layton's Taxi	42 Outram St
Via Rail	104 Esplanade St
Young Drivers of Canada	7 Queen St



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